

## Three Dimensional Training

### 100% Funded Training

(To meet eligibility criteria for funding, individuals must have a Liverpool City Region postcode, be unemployed or earning less than £35,864.40 PA)

\* The total number of sessions includes an induction session, which must be completed before the start of learning \*

Qualification	Level	Class-Based Delivery	Course Overview
<b>Counselling Skills</b> Gateway	1	6x Full Day Sessions	This qualification aims to give learners an introduction to Counselling Skills in preparation for further learning or training. Students learn to identify and practice core counselling skills in helping interactions.
<b>Counselling Skills</b> NCFE CACHE Certificate	2	9x Full Day Sessions	The qualification is for anyone who would like to develop their use of counselling skills for use in either work or in a personal capacity. These may be learners who wish to progress towards further qualifications, or learners who wish to study this programme to complement other programmes (e.g., health and social care; children's care, learning and development; voluntary and community work).
<b>Mental Health Awareness</b> NCFE CACHE Certificate and Award	1	3x Full Day Sessions	This qualification aims to raise awareness of the issues surrounding mental health difficulties, dispel some of the myths and misconceptions frequently linked to mental health issues and develop learners' knowledge of the rights of those with mental health issues.
<b>Mental Health</b> NCFE CACHE Certificate and Award	2	10x Full Day Sessions	The mental health qualification provides learners with knowledge and understanding of what mental health is, the legislations that link to mental ill health and the impact on community engagement. This course provides the knowledge to learners to be able to use either in the workplace or in their personal life.
<b>Children and Young People's Mental Health</b> NCFE CACHE Certificate	2	9x Full Day Sessions	This qualification is designed to increase learner's knowledge and awareness of children and young people's mental health. Learners will learn the context of mental health problems commonly associated with children and young people and be knowledgeable on the support available to help and maintain mental wellbeing in children and young people.
<b>Understanding mental health first aid and mental health advocacy in the workplace</b> NCFE CACHE Certificate	2	7x Full Day Sessions	The purpose of this qualification is to give learners the skills to support colleagues with mental health problems. These skills will be gained by increasing the learner's knowledge and understanding of mental health conditions and the principles of mental health first aid. Learners will learn how this can be implemented in the workplace.

<b>Understanding Specific Learning Difficulties</b> NCFE CACHE Certificate	2	9x Full Day Sessions	This qualification aims to give learners knowledge of different Specific Learning Difficulties, how they are diagnosed and how individuals can be supported. For example Autism, Dyslexia, Attention Deficit and Hyperactivity Disorder. It can be used by a wide range of learners looking to improve their awareness of the subject
<b>Preparing to work in adult care</b> Highfield Certificate	2	12x Full Day Sessions	This qualification is suitable for anyone wanting to work in or has an interest in the social care sector. It allows you to gain insights into what an adult care role involves and covers a range of topics such as communication, personal development, diversity, safeguarding and duty of care.
<b>Substance Misuse</b> NCFE CACHE Award	1	2x Full Day Sessions	This qualification combines an introductory knowledge of drug and alcohol misuse with an understanding of the key principles and values that should underpin the support offered to people misusing substances and the United Kingdom's response to substance misuse. Learners will gain understanding of how to recognise and respond to substance misuse, solvents and options/interventions for those affected by substance misuse.
<b>Substance Misuse</b> NCFE CACHE Certificate	2	6x Fully Day Sessions	This qualification combines an introductory knowledge of drug and alcohol misuse with an understanding of the key principles and values that should underpin the support offered to people misusing substances and the United Kingdom's response to substance misuse. Learners will gain understanding of how to recognise and respond to substance misuse, solvents and options/interventions for those affected by substance misuse.
<b>Alcohol Awareness</b> NCFE CACHE Certificate	1	3x Full Day Sessions	This qualification is designed for learners looking to increase their knowledge and raise their awareness of the consequences of alcohol use.
<b>Suicide Awareness</b> NCFE CACHE Award	2	3x Full Day Sessions	This one-day course will provide learners with the knowledge and understanding of the context of suicide. It will enable learners to be aware of the associated myths and stigma and the main risk factors associated with suicide. It will give an understanding on how to approach an individual who is thinking or attempting to commit suicide and give learners reliable resources and information to seek support for themselves or an individual.
<b>Understanding Safeguarding and Prevent</b> NCFE CACHE Certificate	2	7x Full Day Sessions	This qualification will develop learner's knowledge on safeguarding and prevention in an environment where they have a duty of care. It will increase the knowledge and awareness of the Prevent Duty and safeguarding, including online safety. The qualification will cover topics such as radicalisation, how to recognise and respond to signs of abuse or potential harm and the importance of online safety including risk and signs of behaviour that could cause concern.
<b>Support Work in Schools and Colleges</b> NCFE CACHE Award	2	7x Full Day Sessions	This qualification is an introduction to the knowledge and understanding needed to work in a school or college environment. Learners will be able to understand the different types of schools and colleges in the education sector and the responsibilities of the roles within the organisation. The qualification will cover topics including children and young people's development, how to build effective relationships both professionally with adults, young people, and children. Learners will understand the legislative and policy framework including health and safety within the learning environment.

<b>Behaviour that Challenges</b> NCFE CACHE Award	2	9x Full Day Sessions	This qualification is designed to increase learners' awareness and understanding of behaviour that challenges and its effects. By completing the qualification, learners will develop in-depth knowledge of behaviour that challenges, which could support progression onto other appropriate qualifications and into relevant employment in the health and social care sector. This qualification would be valuable to learners already working in education and health and social care settings.
<b>Adverse Childhood Experiences</b> NCFE CACHE Award	2	10x Full Day Sessions	This qualification is designed for learners wishing to progress to a wide range of further learning and job roles such as nursery staff, teachers, health/social workers across health and social care, children and young people, nursing, public services and education and training. Entry is at the discretion of the centre. However, learners should be aged 19 or above to undertake this qualification.
<b>Mentoring</b> NCFE Award	2	6x Full Day Sessions	This qualification allows learners to gain insight into what a mentorship role entails. It will provide knowledge of mentor/mentee relationships and how to understand the benefits and positive outcomes of mentoring.
<b>Volunteering</b> NCFE Award	2	3x Full Day Sessions	Understand the role of a volunteer within a voluntary organisation and the activities of voluntary organisations. Learners will understand the regulatory frameworks that may apply to being a volunteer.
<b>Managing your Money</b> NCFE Award	1	5x Full Day Sessions	This qualification will help learners understand how to make the most of their personal finances. It will support and make them aware of financial products and services such as saving accounts and loans. Learners will be more aware on how to understand the risks for personal finances.
<b>Understanding Tenant support</b> NCFE CACHE Certificate	2	8x Full Day Sessions	This qualification will give learners knowledge of the social housing sector, you will visit the history of housing, how different governments intervened in the social housing sector and the different types of housing provisions. You will understand the services that are provided within housing associations to support tenants and to sustain their tenancies and how behaviour can influence neighbourhoods. You will gain understanding of how tenants are pursued for 'Mate Crime' and 'cuckooing'. The course is interactive and can be delivered in the classroom and online.
<b>Team Leading</b> NCFE Certificate	2	10x Full Day Sessions	The team leading qualification will give you the understanding of the key principles of leading a successful team. You will gain knowledge on how to communicate, manage and develop your teams and understanding of business- and work-related information.
<b>Personal Social Development</b> NCFE Award	1	8x Full Day Sessions	This qualification helps learners to recognise a range of skills for personal and social development. It encourages and supports learners in developing personal skills to complement learning in other areas.
<b>Health and Safety</b> NCFE Award	1	2x Full Day Sessions	Understanding roles and responsibilities for health, safety, and welfare in the workplace. Learners will understand how risk assessments contribute to health and safety and how to identify and control risks and the correct procedure to take.
<b>Food Safety in Catering</b> NCFE CACHE Award	2	2x Full Day Sessions	This qualification will develop the knowledge and skills needs when working with food. It covers food safety requirements including food safety hazards, food poisoning control, personal hygiene, and the role of food operative in keeping food safe.

<b>Conflict Management</b> Highfield Award	2	2x Full Day Sessions	This qualification is suitable for anyone who has a customer facing role, deals with service users or the public. It will give learners a better understanding of how to prevent conflict situations from arising and feel more confident in being able to deal with situations if they arise. This qualification will cover topics including communication, how to assess and reduce risk in conflict and how to de-escalate conflict in emotive situations.
<b>Excellence in Customer Service for Hospitality</b> NCFE Award	2	11x Full Day Sessions	This qualification is designed for learners who are looking to enter, or progress within, employment in the hospitality sector. It will enable learners to develop knowledge and understanding of customer service excellence for the hospitality sector.
<b>Occupational Studies</b> NCFE Certificate	1	6x Full Day Sessions	The qualification is intended to be accessible to a wide range of learners of all abilities. Learners can develop a more 'hands on' approach to their learning and gain practical skills, knowledge and understanding in their chosen vocational area(s). The skills, knowledge and understanding gained may help learners prepare for work through real or simulated work situations and may contribute to preparing them for working life beyond education.
<b>Counselling</b>	3		This course is not currently funded but can be delivered on a commercial basis. For more details, please contact 3D Training.
<b>Mental Health</b>	3		This course is not currently funded but can be delivered on a commercial basis. For more details, please contact 3D Training.